

WOMEN: 49KG CATEGO	ORY					INTERNATIONAL WEIGHTLIFTING FEDERATION		
	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Stella Peter Kingsley	2002	NGR	47.95	71	95	166	27/05/2021	2021 African Championships
Tenisha Thornton	2005	MLT	48.52	70	89	159	3/04/2021	2021 European Senior Championships



WOMEN: 55KG CATEGO	ORY			INTERNATIONAL WEIGHTLIFTING FEDERATION				
	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Adijat Adenike Olarinoye	1999	NGR	54.75	90	110	200	27/05/2021	2021 African Championships
Caroline Wairimu	1990	KEN	53.80	40	60	100	27/05/2021	2021 African Championships



WOMEN: 59KG CATEG	ORY				INTERNATIONAL WEIGHTLIFTING FEDERATION			
	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Rafiatu Folashade Lawal	1996	NGR	56.93	90	111	201	28/05/2021	2021 African Championships
Zoe Smith	1994	ENG	58.80	89	111	200	5/04/2021	2021 European Senior Championships
Winny Lagat	1988	KEN	57.93	61	81	142	28/05/2021	2021 African Championships
Magdeline Moyengwa	2001	BOT	57.00	65	75	140	25/05/2021	2021 IWF Junior World Championships
Gini Rany	2003	BAN	57.05	56	70	126	25/05/2021	2021 IWF Junior World Championships



WOMEN: 64KG CATEGO	RY				INTERNATIONAL WEIGHTLIFTING FEDERATION			
	Year Born	CGA	Bodyweight	Snatch	Clean & Jerk	Total	Date Achieved	Event
Sarah Davies		ENG	63.70	101	129	230	6/04/2021	2021 European Senior Championships
Joy Ogbonne Eze	2004	NGR	63.75	88	110	198	28/05/2021	2021 African Championships
Farjana Akter Riya	2003	BAN	61.05	60	76	136	26/05/2021	2021 IWF Junior World Championships
Rachael Achieng	2004	KEN	62.85	60	70	130	28/05/2021	2021 African Championships



WOMEN: 71KG CATEGO	RY					INTERNATIONAL WEIGHTLIFTING FEDERATION		
	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Emily Muscat (Godley)	1989	ENG	70.42	98	129	227	7/04/2021	2021 European Senior Championships
Yasmin Zammit-Stevens	1993	MLT	69.74	88	102	190	7/04/2021	2021 European Senior Championships



WOMEN: 76KG CATEGO	ORY			INTERNATIONAL WEIGHTLIFTING FEDERATION				
	Year Born	CGA	Bodyweight	Snatch	Clean & Jerk	Total	Date Achieved	Event
Jeanne Gaelle Eyenga Mbo'ossi	1999	CMR	74.35	96	117	213		2021 African Championships
Taiwo Liadi Wilkister Nyiro	2002 1992	NGR KEN	73.40 73.95	91 70	116 84	207 154		2021 African Championships 2021 African Championships



WOMEN: 87KG CATEGO	RY					INTERNATIONAL WEIGHTLIFTING FEDERATION	
	Year				Clean &		Date
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved Event
Clementine Meukeugni Noumbissi	1990	CMR	85.20	100	121	221	29/05/2021 2021 African Championships
Salome Manumua	2005	TGA	81.40	65	85	150	30/05/2021 2021 IWF Junior World Championships



WOMEN: >87KG CATEG	ORY				INTERNATIONAL WEIGHTLIFTING FEDERATION			
	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Emily Campbell	1994	ENG	122.06	122	154	276	11/04/2021	2021 European Senior Championships
Emma Friesen	2002	CAN	106.90	100	115	215	31/05/2021	2021 IWF Junior World Championships



MEN: 55KG CATEGORY						INTERNATIONAL WEIGHTLIFTING FEDERATION		
	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Md Ashikur Rahman Taj	2001	BAN	54.25	92	108	200	23/04/2021	2021 IWF Junior World Championships



MEN: 61KG CATEGORY						INTERNATIONAL WEIGHTLIFTING FEDERATION		
	Year Born	CGA	Bodyweight	Snatch	Clean & Jerk	Total	Date Achieved	Event
Emmanuel Appah	1999	NGR	55.45	115	140	255	27/05/2021	2021 African Championships
Youri Simard	2001	CAN	60.55	110	140	250	24/05/2021	2021 IWF Junior World Championships
Davis Niyoyita	2004	UGA	59.70	96	126	222	27/05/2021	2021 African Championships
Thapelo Nkhahle Sebota	1997	LES	60.75	81	105	186	27/05/2021	2021 African Championships
Kgotla Kgaswane	2000	BOT	60.15	70	100	170	27/05/2021	2021 African Championships



MEN: 67KG CATEGORY						INTERNATIONAL WEIGHTLIFTING FEDERATION		
	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Jeremy Lalrinnunga	2002	IND	66.80	135	165	300	25/05/2021	2021 IWF Junior World Championships
Julius Ssekitoleko	2000	UGA	63.70	100	130	230	28/05/2021	2021 African Championships



MEN: 73KG CATEGORY						INTERNATIONAL WEIGHTLIFTING FEDERATION		
	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Achinta Sheuli	2001	IND	72.25	141	172	313	26/05/2021	2021 IWF Junior World Championships
Shad Darsigny	2003	CAN	72.70	131	160	291	26/05/2021	2021 IWF Junior World Championships
Anthony Libasia	1989	KEN	72.50	117	137	254	28/05/2021	2021 African Championships
Hakim Musoke Ssempereza	1995	UGA	72.30	112	138	250	28/05/2021	2021 African Championships
Machachamise Ernest Nt'Sinyi	1998	LES	73.00	100	130	230	28/05/2021	2021 African Championships



MEN: 81KG CATEGORY						INTERNATIONAL WEIGHTLIFTING FEDERATION		
	Year	~~.	B. J. State	0	Clean &	-	Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Ahmed Valdy Njoya	1999	CMR	80.40	131	165	296	28/05/2021	2021 African Championships
Ivan Masakwe	1990	UGA	80.25	110	130	240	28/05/2021	2021 African Championships
Geoffrey Odour	1999	KEN	76.50	90	116	206	28/05/2021	2021 African Championships



MEN: 96KG CATEGORY						INTERNATIONAL WEIGHTLIFTING FEDERATION		
	Year				Clean &		Date	_
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Christian Amoah	1999	GHA	94.45	149	184	333	29/05/2021	2021 African Championships
Zubair Kubo	1995	UGA	95.20	140	170	310	29/05/2021	2021 African Championships
Dikabelo Solomon	1995	BOT	89.75	116	132	248	29/05/2021	2021 African Championships

Including CGF specified events from 01 January 2021 to: 24 June 2021



Date Total Achieved Event

Born CGA Bodyweight Snatch

Jerk

**MEN: 109KG CATEGORY** Year

Including CGF specified events from 01 January 2021 to: 24 June 2021



Date Total Achieved Event

MEN: >109KG CATEGORY Year

Born CGA Bodyweight Snatch

Jerk